



## Helen Virginia Seat

September 11, 1923 - March 4, 2017

Helen Virginia (Riley) Seat was born at home in Nixon Community, Hardin County, Tennessee on September 11, 1923, to Alan Dumas (A.D.) and Stella Sinclair (Hardin) Riley. Helen lived a long and magnificent 93 years, passing away on March 02, 2017. Helen will be missed by her family, friends, and all who met her. She was a true Southern women.

Helen was born to a farming family, living in the communities of Nixon and Pyburn, near Savannah, TN. She grew up as the youngest of five children. Following graduation in 1940 from Central High School in Savannah, TN, Helen made a couple moves to Nashville for work. While in Nashville, Helen met her future husband, Sam Seat, Sr. on a blind date. They were married in Nashville, on June 10, 1950. Sam and Helen left Nashville, TN in 1954 for Louisville, KY where Sam attended the Southern Baptist Seminary. Upon graduation from the Seminary, Sam and Helen moved to Jacksonville, FL, Durham, NC, finally settling in DeKalb County, GA, in 1958, where Helen worked for Colonial Stores in the Accounting Department for 19+ years, retiring in 1978. Sam and Helen moved from DeKalb County in 1971 to a home they built near Moreland, GA. Helen was deeply religious and involved herself at Moreland Baptist Church, then Newnan First Baptist Church. Sam and Helen made their final move from Moreland, GA to Chula Vista, CA in 1997 to be near their son and his family, who live in Bonita, CA.

Helen was preceded in death by her husband of 62 years in 2012. Helen lived independently and remained mentally sharp to her last day. She is survived by her son Sam, Jr. and daughter-in-law, Terri, of Bonita; grandsons, Andrew and Mathew; and great-granddaughter, Ariel Jaen.

Graveside services will be held Monday, March 20, 2017 at 10:30 AM, with Dr. Gene Tyre officiating. Helen will be buried in a family plot, with her husband, in Forrest Lawn Memorial Park, Newnan, GA. Condolences can be expressed online at [www.mckoon.com](http://www.mckoon.com)

McKoon Funeral Home & Crematory (770) 253-4580

# Cemetery Details

## Forest Lawn Memorial Park

656 Roscoe Road  
Newnan, GA 30263

# Previous Events

## Service

MAR 20. 10:30 AM (ET)

Graveside Forest Lawn Memorial Park  
656 Roscoe Road  
Newnan, GA 30263

# Tribute Wall

CM

“ *Helen and Sam Seat were beloved friends of our parents, James and Dot Berry. They always considered them as family. They are all 4 together again in Heaven with their Heavenly Father whom they all served. God Bless.- Cindy B. Mossey and Carol B. Cowan*

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**Cindy Berry Mossey** - March 29, 2017 at 12:01 PM